Account and preparation terms

Version 2026-10-06-v4 | English

Entry questionnaire

Your answers help me assess your situation and prepare the next consultation. Please answer every question. Describe your situation, experiences and expectations as specifically as you can.

You can save the questionnaire and finish it later. Only you can see your draft. I see your answers only after submission and may ask you for more information.

The initial assessment and preparation cannot be completed without the information needed.

Your explicit consent

I explicitly consent to Zdenka Beranová processing my answers, including any health and mental-wellbeing information, for the initial assessment and agreeing on the next step. I may withdraw consent at any time.

You may refuse or withdraw consent in the portal or at info@mindsrestart.com. Withdrawal removes the answers and pauses preparation; I will discuss the next step with you. It does not automatically cancel your account or agreed appointments.

How answers are used and stored

Controller: Zdenka Beranová, MindsRestart, info@mindsrestart.com. Answers, including any health or mental-wellbeing information, are used for the initial assessment and agreeing on the next step, based on your explicit consent under GDPR Articles 6(1)(a) and 9(2)(a). No automated assessment or partner access takes place. Do not identify other people.

Questions and answers are encrypted on the website server and are not included in e-mails. A draft is kept for up to 14 days; preparation content for up to 90 days from preparation. Closure shortens the remaining period to at most 30 days. Evidence of consent and withdrawal, without answers, is kept separately for five years after the purpose ends.

You may request access, correction, erasure or restriction and complain to the Czech Data Protection Authority (ÚOOÚ). Request help if you cannot complete the questionnaire; this does not count as completed preparation. Paid preparation requires its own agreed service, applicable consents and any request to begin early.

Client account and further cooperation

I accept the client-account terms and have read the privacy information. Creating an account does not order a paid service. The entry questionnaire requires a separate consent. Version 2026-10-06-v4. By creating the account, you confirm that you have read the Terms and Conditions and the Privacy Policy (version 2026-10-03).

MindsRestart offers personal-development support. It does not replace medical or psychiatric care and cannot guarantee a specific result. The actual scope, funding, validity, cancellation and any early performance are agreed with a concrete offer.

Keep your password private. You may request account closure at info@mindsrestart.com. Account creation does not accept a future unknown service. For minors or unclear signing roles, arrange the entry individually with Zdenka using the separate guardian and minor processes.